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Robotics vs
Bullying

Preventing bullying

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European online training course



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Shortly about me



- >12 years of experience working as teacher and education consultant, lecturer
- NGO Learning School CEO, trainer. Our team working with more than 28 000 teachers every year.
- Kindergarten and school “Experience valley” co-founder
- Radio host, educational journal “Education Masters” author



Bullying situation in Lithuania's education system

- Since 1994 Lithuania has been listed as one of the countries with the highest bullying rates among other European countries in a [report from World Health Organization \(WHO\)](#).
- That's still the case in 2020 [year's report](#); every third boy and fourth girl is experiencing bullying several times per week.
- Lithuanian experts working with youth agree that the bullying issue in Lithuania is complex. Low salaries don't attract young teachers, psychologists or social pedagogues



Bullying prevention programs 01

- **Olweus Bullying Prevention Program**

Program lasts 18 months and is implemented at 3 levels, thus forming a clear and strong attitude of the school community towards bullying

- **Second Step**

“Second Step is a program that develops and strengthens socio-emotional skills.

- **Zippy’s Friends**

Zippy’s Friends is a program designed to develop the social skills and the ability to overcome challenges of 5-7 year old children



Bullying prevention programs 02

- **Big Brothers Big Sisters**

The essence of the program is voluntary individual assistance to children, where a carefully selected and specially trained volunteer communicates individually with the assigned 7-14 year old child and helps him to overcome various life and mild psychological difficulties, and their communication is supervised and counseled by specialists.

- **FRIENDS**

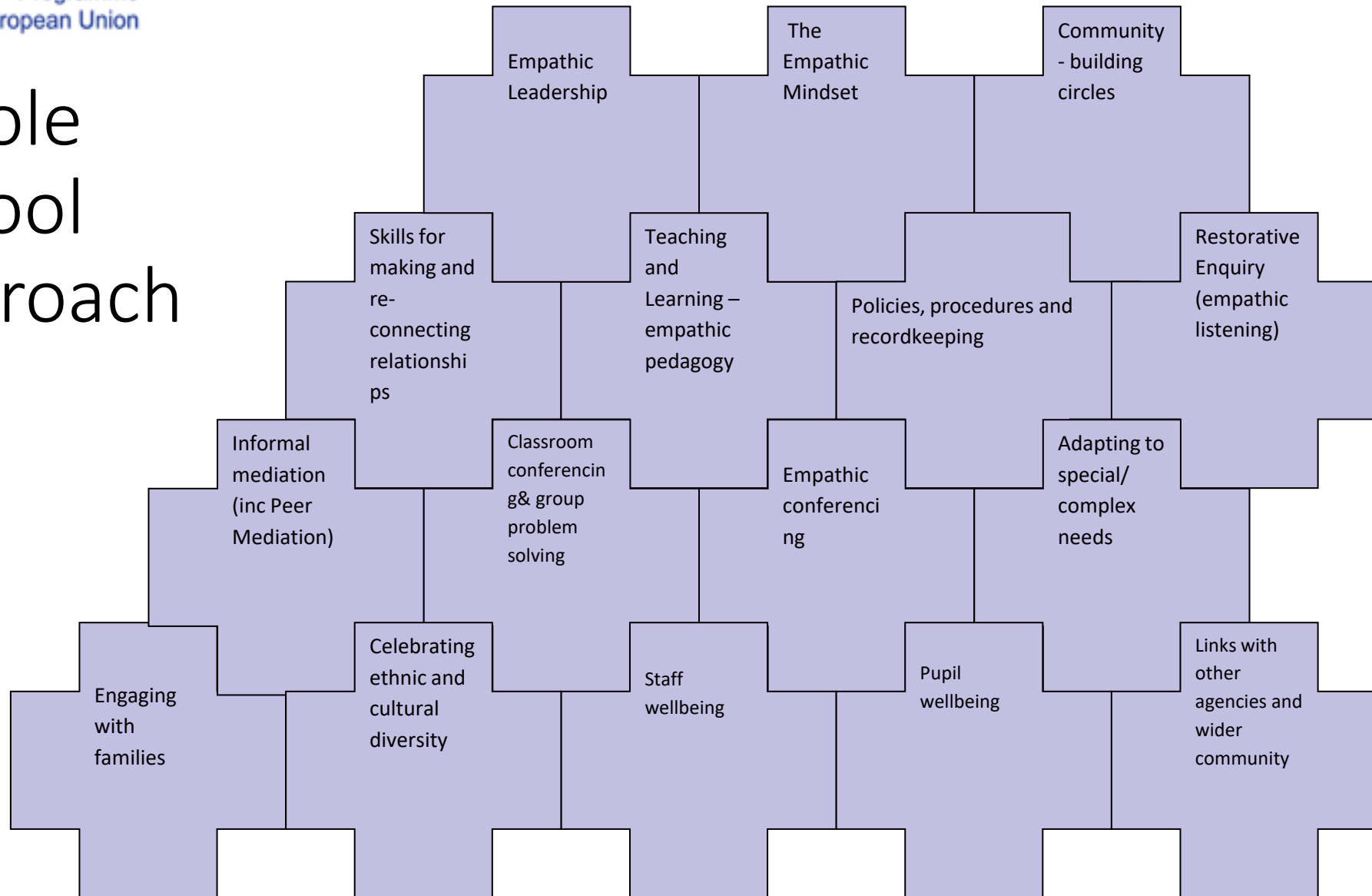
The Friends prevention program is implemented in stages, based on pre-planned long-term actions for a specific school. The implementation of the program at the school involves all members of the community: the entire staff and administration of the school, as well as students and their parents (guardians, caregivers)



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Whole School Approach





5 Core Beliefs

- 1. Everyone has their own unique and equally valued perspective**
In this classroom everyone matters, and everyone's ideas are valued.
- 2. Thoughts influence emotions; emotions influence behaviour**
Our thoughts and our feelings are invisible to others, beneath the surface. In this classroom we try to 'lower the waterline' by talking about, and listening out for, thoughts and feelings
- 3. Empathy and consideration**
In this classroom we know that what we say or do has ripple effects on everyone else – and because we care about each other we think before we speak or act.



5 Core Beliefs

4. **Needs and unmet needs**

In this classroom we know what each of us needs to give of our best. We consider everyone else's needs as much as possible as we work together.

5. **Collective responsibility for the choices made and their outcomes**

We are all connected – it's up to all of us to make this class function well, so we'll plan together, make decisions together, solve problems together, and help each other out if things go wrong.